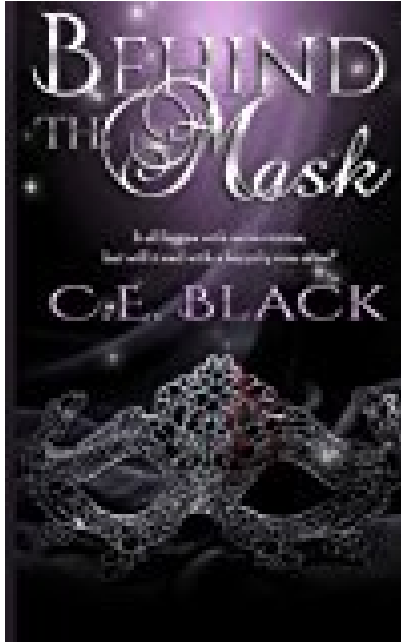


# Behind The Mask

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## BOOK DETAILS

- Author : C.E. Black
- Pages : 218 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1535151439

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## **BOOK SYNOPSIS**

Would you fall in love with someone who is arrogant, exhibitionistic, vain manipulative, and greedy for admiration? Would you work under a boss who flies into uncontrollable rages, assassinates the character of anyone who gets in his way, and the projects his own paranoia on to you? Sounds like a no-brainer...but many of us actually do! That makes some of us codependents and them power-hungry narcissists. As they trample over us in their quest for self-aggrandisement and we find ourselves dragged into an unhealthy parasitic relationship with them, out of control. This book shines a light on the reasons why narcissists and codependents are like they are, on the pain and suffering the narcissists inflict on codependents, and the pain and suffering they both inflict on others around them. Importantly, it shows how both narcissists and codependents can move towards winning back control and regaining happiness in their lives. And if you think no one could be so unremittingly egotistical, just hark back to the collapse of Enron in 2001 and that of RBS in 2009---both of these spectacular crashes with worldwide reverberations were brought about by self-seeking CEOs whose narcissistic arrogance is typical of the behaviour of the narcissists dealt with in these pages.

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