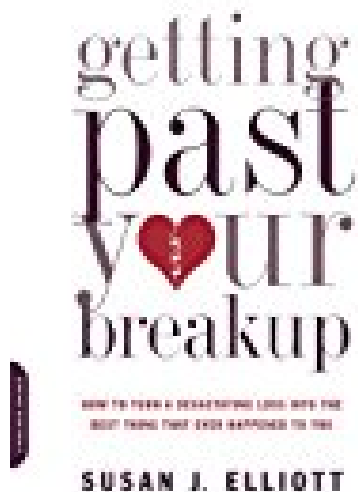


# Getting Past Your Breakup How to Turn a Devastating Loss into the Best Thing That Ever Happened to You

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## BOOK DETAILS

- Author : Susan J. Elliott
- Pages : 272 Pages
- Publisher : Da Capo Lifelong Books
- Language : English
- ISBN : 0738213284

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## **BOOK SYNOPSIS**

Its over-and it really hurts. But as unbelievable as it may seem when you are in the throes of heartache, you can move past your breakup. Forget about trying to win your ex back. Forget about losing yourself and trying to make this person love you. Forget it! Starting today, this breakup is the best time to change your life for the better, inside and out. Getting Past Your Breakup is a proven roadmap for overcoming the painful end of any romantic relationship, even divorce. Through her workshops and popular blog, Susan Elliott has helped thousands of clients and readers transform their love lives. Now, shell help you put your energy back where it belongs-on you.

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