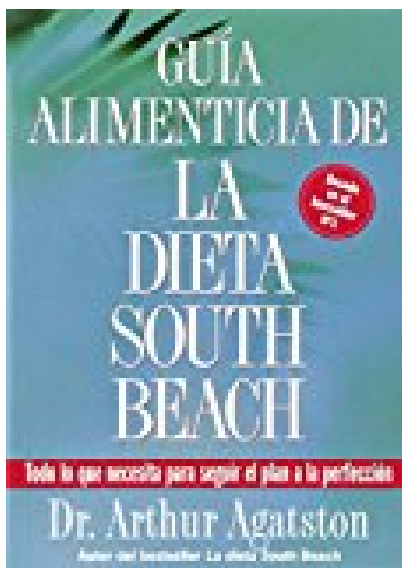


Guia Alimenticia de La Dieta South Beach Todo lo que necesita para seguir el plan a la perfeccion The South Beach Diet



BOOK DETAILS

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BOOK SYNOPSIS

Lists dining options for seventy-five of the most popular chain and family restaurants in America, providing editorial overviews, specific menu recommendations, nutritional information, and dishes to avoid, in a reference that also provides suggestions on dining out at a range of ethnic restaurants. Original. 1,500,000 first printing.

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