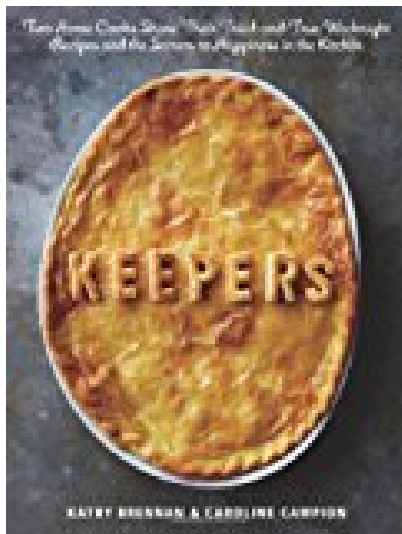


Keepers Two Home Cooks Share Their Tried-and-True Weeknight Recipes and the Secrets to Happiness in the Kitchen



BOOK DETAILS

- Author : Kathy Brennan
- Pages : 256 Pages
- Publisher : Rodale Books
- Language : English
- ISBN : 1609613546

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BOOK SYNOPSIS

Whether they're parents, married without kids, or single, most people want to do better at mealtime--they want to put good, nutritious food on the table, they're looking for a more diverse repertoire of dishes to prepare, and they'd like to enjoy the process more. The problem is they don't believe they have the time or ability to do it night after night. But it can be done, and *Keepers* will show them how. Drawing from two decades of trial-and-error in their own kitchens, as well as working alongside savvy chefs and talented home cooks, Campion and Brennan offer 120 appealing, satisfying recipes ideal for weeknight meals. There's an array of master recipes for classic dishes with options for substitutions, updated old favorites, one-pot meals, "international" dishes, super-fast ones (shrimp with orange chipotle sauce), and others that reheat well or can be cooked in individual portions. Along with timeless recipes, *Keepers* is filled with invaluable tips on meal planning and preparation, all presented in an entertaining, encouraging, and empathetic style. *Keepers* gives cooks all of the tools they need to become more efficient, confident, and creative in the kitchen. It will help them survive the Monday-to-Friday dinner rush with their sanity and kitchens intact, and also have some fun along the way.

KEEPERS TWO HOME COOKS SHARE THEIR TRIED-AND-TRUE WEEKNIGHT RECIPES AND THE SECRETS TO HAPPINESS IN THE KITCHEN

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