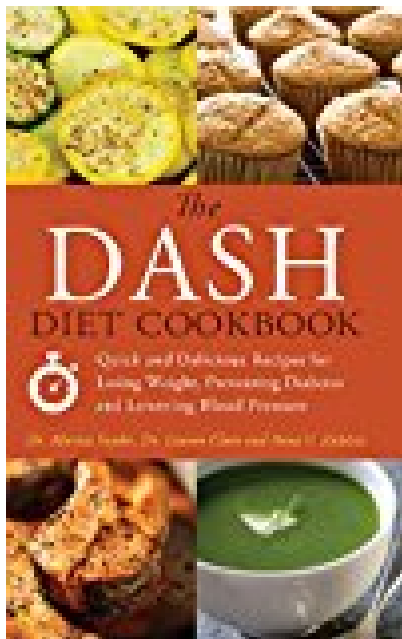


The DASH Diet Cookbook Quick and Delicious Recipes for Losing Weight Preventing Diabetes and Lowering Blood Pressure



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